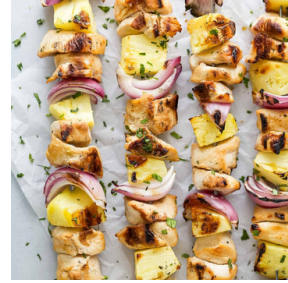


MONDAY



Easy Strawberry Oatmeal Bars



Grilled Chicken Pineapple Kabobs

TUESDAY



Cheesy Bacon Spinach Frittata



Street Tacos Recipe

WEDNESDAY



Peanut Butter Banana Smoothie
Recipe



Portobello Mushroom Sandwich

THURSDAY



Overnight Oats with Yogurt Recipe

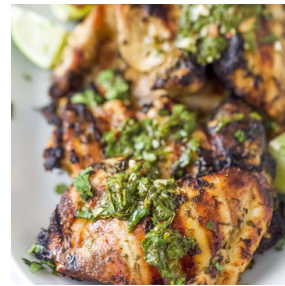


Easy Baja Fish Taco Rice Bowls

FRIDAY



Fluffy Strawberry Pancakes Recipe



Chimichurri Chicken Thighs



Grocery List

Produce

- Sliced Fresh Strawberries 5 cups
- Fresh Lemon Juice 1 tbsp
- Garlic 6 cloves
- Pineapple 3 cups
- Red onion 1 count
- Cilantro 2.25 cups
- Fresh Spinach 3 cups
- Roasted Red Pepper 1.5 cups
- Cherry Tomatoes 0.33 cups
- Chives 1 dollop
- Diced red onion 1 cups
- Finely chopped cilantro 0.33 cups
- Mango 1 count
- Avocados 4 count
- Limes 4 count
- Fresh jalapeno slices 1 count
- Banana 1 large
- Portobello Mushrooms 4 large
- Microgreens 1 cup
- Purple Cabbage 2 cups

Pantry

- White Whole Wheat Flour 1.5 cups
- Regular Oats 2.5 cups
- Honey 1.5 cups
- Brown Sugar 0.25 cups
- Salt 2.5 tsp
- Vanilla Extract 1.5 tsp
- Tamari sauce 0.58 cups
- Dijon Mustard 2 tbsp
- Ground Flaxseed 1 tbsp
- Chia Seeds 2 tbsp
- Peanut Butter 2 tbsp
- Balsamic Vinegar 2 tbsp
- Olive Oil 8 tbsp
- Lemon Juice 1 tbsp
- Avocado Oil 2 tbsp
- Success Boil-in-Bag Jasmine Rice 2 cups
- Bob's Red Mill Homestyle Pancake & Waffle Mix 1 cups
- Sugar 0.5 tbsp

Dairy & Eggs

<input type="checkbox"/> Unsalted Butter	6 tbsp
<input type="checkbox"/> Goat Cheese	4 ounces
<input type="checkbox"/> Eggs	10 each
<input type="checkbox"/> 2% Milk	0.5 cups
<input type="checkbox"/> Queso fresco	0.5 cups
<input type="checkbox"/> Unsweetened Almond Milk	0.75 cups
<input type="checkbox"/> Mayonnaise	0.5 cups
<input type="checkbox"/> Provolone Cheese	4 slices
<input type="checkbox"/> Vanilla Two good Yogurt	1 cups
<input type="checkbox"/> Mascarpone	8 oz

Other

<input type="checkbox"/> Ice Cubes	0.5 cups
<input type="checkbox"/> Vital Proteins Collagen Peptides	2 scoops
<input type="checkbox"/> Truffle Oil	0.5 tbsp
<input type="checkbox"/> Pico de Gallo	1 count
<input type="checkbox"/> Picked Onions	1 count
<input type="checkbox"/> Water	4.67 cups
<input type="checkbox"/> Lemon Zest	0.5 tsp

Beverages

<input type="checkbox"/> Pineapple juice	6 ounces
<input type="checkbox"/> Orange juice	6 ounces

Spices & Seasonings

<input type="checkbox"/> Ground Cinnamon	2 tsp
<input type="checkbox"/> Smoked paprika	2 tsp
<input type="checkbox"/> Pepper	1 tsp
<input type="checkbox"/> Rosemary	0.25 tsp
<input type="checkbox"/> Black Pepper	0.25 tsp
<input type="checkbox"/> Truffle Salt	0.125 tsp
<input type="checkbox"/> Cumin	0.25 tsp
<input type="checkbox"/> Red Pepper Flakes	0.875 tsp
<input type="checkbox"/> Garlic Powder	1 tsp
<input type="checkbox"/> Ground Cumin	0.5 tsp

Meat & Seafood

<input type="checkbox"/> Boneless skinless chicken breast	1.5 pounds
<input type="checkbox"/> Bacon	4 strips
<input type="checkbox"/> Filet Mignon	1.5 count
<input type="checkbox"/> Cod Fillet	1.5 lbs
<input type="checkbox"/> Boneless skinless chicken thighs	2 pounds

Bakery

<input type="checkbox"/> Corn tortillas	12 count
<input type="checkbox"/> Brioche Buns	4 each

Shop ingredients on 

Shop ingredients on 